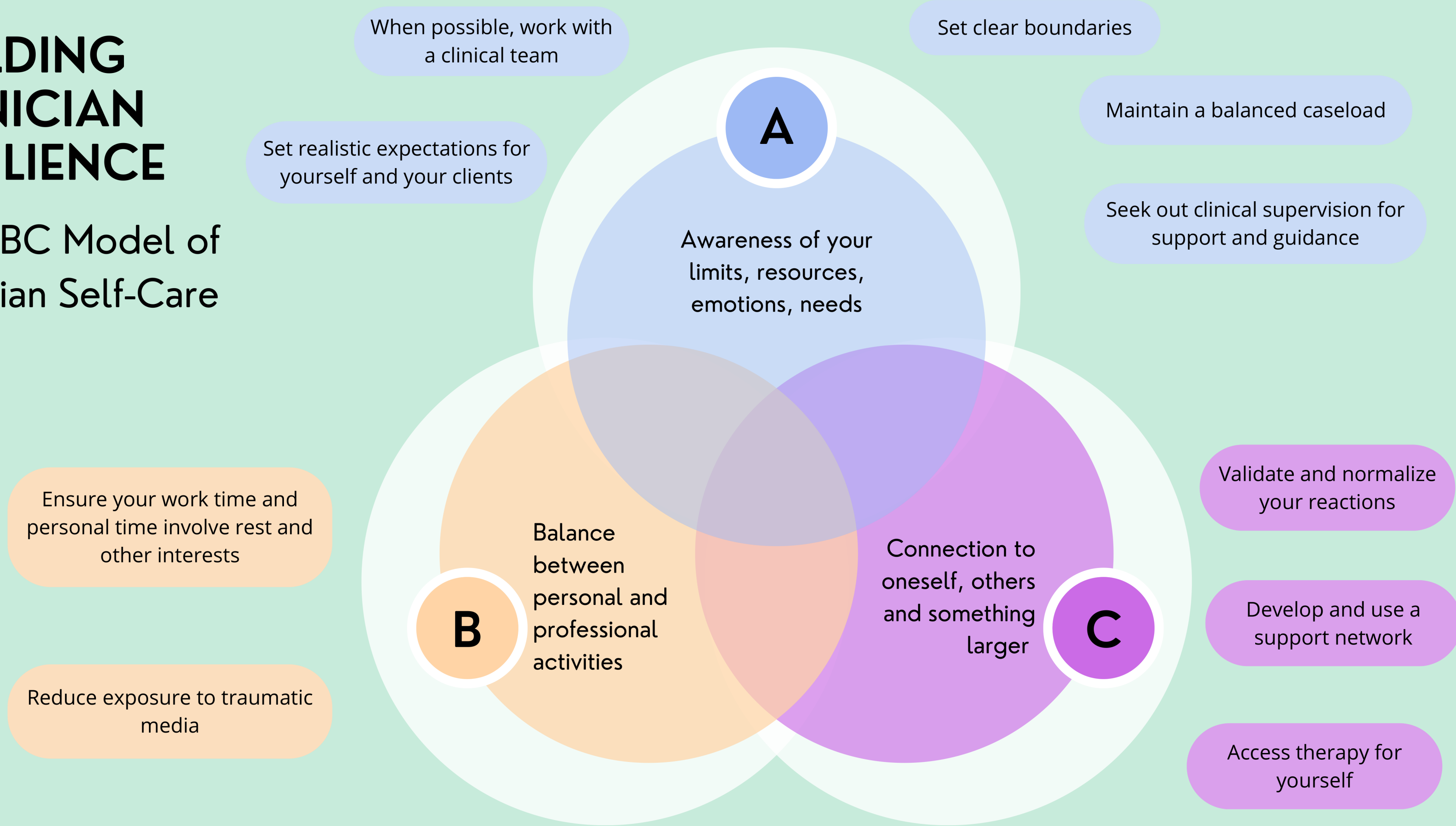


# BUILDING CLINICIAN RESILIENCE

## The ABC Model of Clinician Self-Care



**A:** Awareness **B:** Balance **C:** Connection